

Making Sense of Aged Care

Your guide to the most common
Aged Care (Home Care) acronyms



ACAT or ACAS

You need one of these if you are wanting government subsidised aged care services.

A comprehensive aged care assessment is completed for the older person by an **ACAT** (Aged Care Assessment Team) **or ACAS** (Aged Care Assessment Service - if you live in Victoria) assessor who are medical, nursing and allied health professionals.

You will need an ACAT/ACAS assessment for the following:

- Home care package
- Residential aged care
- Residential respite care
- Transition Care
- Short term restorative care

ACAT / ACAS assessments for a home care package take place in your home. Assessments for other services sometimes take place in hospital.

ACQSC

A common acronym used for the **Aged Care Quality and Safety Commission** whose role is to protect and enhance the safety, well-being and quality of life of people receiving aged care subsidised by the Australian Government. It is the contact for complaints, quality and regulation in aged care.

Approved Provider

An approved provider is an organisation who has been approved by the Commission to deliver Australian Government subsidised aged care to eligible older Australians. An approved provider organisation is eligible to receive a subsidy (payment) from the Australian Government, for delivering types of care and services to aged care consumers in accordance with the **Aged Care Act 1997**

Only organisations who are an approved provider for home care can provide home care packages to eligible consumers. Approved providers are required to comply with the **Aged Care Quality Standards**

CDC

A common acronym used for consumer directed care (CDC) which is a way of delivering care that gives individuals choice and flexibility. The Government has included CDC principles in Aged Care laws to ensure older people's rights are protected.

Home Care packages take a CDC approach meaning that you are encouraged to identify your goals; decide how much involvement you would like, choose the way your services are delivered and by whom, you have an individualised budget and an easily understood monthly finance statement and you can expect regular contact with your approved provider.

CHSP

A common acronym used for the government subsidised **Commonwealth Home Support Programme**

HCP

A common acronym used for government subsidised **Home Care Packages**

ITF

An **Income Tested Fee (ITF)** is a contribution that some people pay towards their home care package which is determined through an income assessment by Services Australia (Centrelink) **Services Australia Calculation Form**

You will need to complete an income assessment if you are a part pensioner or a fully self-funded retiree. This fee (your contribution) reduces the amount the government subsidises your home care package.

If you are a full pensioner or a person with an income up to \$31,140.20 you do not pay an income tested fee.

MAC

A common acronym used for **My Aged Care**

RAS

You will need one of these if you are wanting an assessment for CHSP (Commonwealth Home Support Programme) services.

A home support assessment is conducted by a **RAS (Regional Assessment Service)** for eligibility for the Government subsidised Commonwealth Home Support Programme. Assessments generally take place in your home by organisations who are funded by the Australian Government to provide RAS services.

STRC

A common acronym used for the **Short Term Restorative Care Program**

TCP

A common acronym used for the **Transition Care Program**